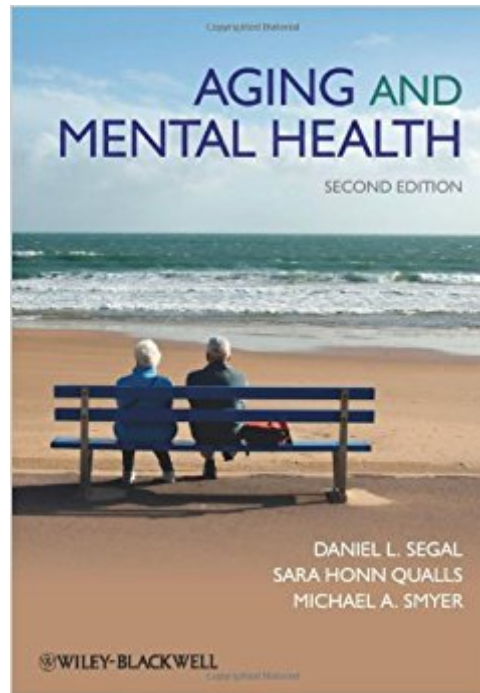




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# Aging And Mental Health



## Synopsis

This fully revised and updated second edition provides a complete introduction to aging and mental health for psychology students taking courses in aging as well as for academics and practitioners working in the field of gerontology. Offers a comprehensive review of models of mental health and mental illness, along with their implications for treatment of older adults Provides a pragmatic analysis of assessment and treatment approaches that both students and practitioners will find useful Uses case studies to link theory and practice Fully updated to include discussion of the development and implementation of evidence-based treatment protocols in the field of mental health; the increasing prevalence of cognitive impairment and an appreciation of its implications for a variety of functional behaviors; and a changing understanding of long-term care away from a focus on institutional care and toward a broader spectrum of services

## Book Information

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## Customer Reviews

"In conclusion, this book is an excellent resource for mental health students and professionals working with aging adults. It addresses a need in the literature for a reliable text to help inform the field of aging and mental health . . . Aging and Mental Health is a valuable contribution to the gerontological literature." (The Gerontologist, 8 August 2011) "Segal (psychology, U. of Colorado at Colorado Springs) et al. provide a revised and updated edition of their introduction to aging and mental health for psychology students, academics, and practitioners in gerontology, as well as service providers in psychology, psychiatry, social work, and nursing. After an overview of basic

gerontology, they consider models of mental health and their application to the aging, and the prevalence, assessment, and treatment of older adults with various mental disorders, with a final chapter on geriatric mental health practice contexts and settings. (Annotation ©2011 Book News Inc. Portland, OR)" (Reference and Research Book News, February 2011)"A fully revised second edition offers a complete introduction to ageing and mental health for psychology students and academics, and practitioners in gerontology. The authors present models of mental health and mental illness, together with their implications for treatment, and a pragmatic analysis of assessment and treatment approaches." (Times Higher Education, November 2010)

Given today's demographics, any adult mental health practice will almost certainly include older adults. Students and practitioners will learn much from this book. The format, clarity, up to date research- informing- treatment, and use of case material are excellent. â "Erlene Rosowsky, Harvard Medical School With the bonus addition of a full chapter devoted to â ^Anxiety, Sexual and Sleep Disordersâ ™, the revised edition of â œAging and Mental Healthâ • by Segal, Qualls and Smyer is a worthy sequel to their earlier volume. Loaded with the latest in scientific research and seasoned with years of clinical experience, this book only could have been authored by dyed-in-the-wool scientist practitioners steeped in the geriatric mental health care tradition. The vignettes make the facts in the text come alive, and will engage students in the mental health field to become absorbed in the basics of state-of-the-art evidence-based practice for older adults. â "Victor Molinari, University of South Florida This book builds on the very successful first edition of Aging and Mental Health published over a decade ago, but integrates the current research literature making this book a staple for geropsychologists. The authors provide theoretical grounding in lifespan developmental psychology and several models of psychotherapy along with case examples and assessment tools for use with older adults. This balanced approach makes it an excellent choice for use as a text in advanced undergraduate and graduate courses. The compelling content and rapid growth of older adults worldwide make this book one that all mental health professionals should own. â "Karen Hooker, Oregon State University Center for Healthy Aging Research I really like this book.Â Aging and Mental Health is a readable, clinically-friendly, and research-informed volume written by people who have shaped the field of professional geropsychology.Â Â Â This would be my choice forÂ an introductory text on this topic. â "Gregory A. Hinrichsen, Albert Einstein College of Medicine This wonderful volume provides a timely update of a trusted resource for trainees and professionals alike who wish to enter mental health practice with older adults. â "Amy Fiske, West Virginia University

Excellent read for anyone in the health care industry, baby boomers, generation Xer's and Millennials as well. This book can be eye misting at times, as one realizes that yes, some of this is going to happen to me(damn it).

Its perfect and easy to understand. Just by reading part one -Introduction, I got so excited about the wealth of the content.

Great book, bought for daughter

This book, Aging and Mental Health is great for any Gerontology major/minor or even Psychology major/minor! I actually really enjoy reading it unlike other text books for other classes!

Good book for information. I find the citations are bothersome and distracting. I like the use of case studies.

Normally when I buy or rent a used book they are either written in or ripped, this book had none, I was very impressed with the condition.

Item arrived in great condition and quickly. The book itself is a bit dry, but very helpful for a course I took on the subject.

Very helpful book

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